

Cleansing our Body's Dirty Energies with Linen, Intention and Love

ORI Spring 2021 Video Presentation
by David Dolezal

Thank You Ozark Research Institute!

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Update

- Changed Title of Presentation since video was created
- Bio added
- You may need to adjust your sound level to hear me in the video
- Backgrounds in video
 - Rainbow Falls waterfall is near Hilo, Hawaii
 - Sunrises over my family's farm pond in Oklahoma
 - Rainbow over the Amazon river near Iquitos, Peru
- No puppies were harmed in the making of the video, although the puppy barking sounds that way. 🐶

David Dolezal Bio

- BSEE, MSTM; Over 25 years in defense/military engineering; Boeing, Lockheed, General Dynamics, etc.
- Eden Energy Medicine 2 year graduate/practitioner
- Kinergetics, Touch for Health, Psych-K, Applied Physiology
- Other - Hanna Kroeger Beginning and Advanced classes, Matrix Energetics Practitioner, Quantum Touch, Advanced Dowsing workshops, and ordained minister
- Involved in Peruvian shamanic ceremonies – Ayahuasca and San Pedro/Huachuma – in the Peruvian Amazon

Summary

- Water Programming Concepts
- Our Body's Fluids are Programmable
- Energies of the Body
- How to Clear Thought Programs
 - Visualizations and Linen
 - Love Elementals
- Supplemental Slides
- Download This Presentation as a pdf file

Concepts of Water Programming

Power of Thought

- What is water programming?
- A program for computers is a series of instructions for the computer's CPU to follow.
- A person can program things or objects and can also program yourself or others
- To do this one needs to set an intention. The intention is the thought or series of thoughts of an action to perform. For example, prayer is a common means of setting an active intention to help someone or something. Intention is important and will be mentioned often in this presentation

Concepts of Water Programming

- Dr. Emoto's ice crystals
 - “Emoto said that water was a “blueprint for our reality” and that emotional “energies” and “vibrations” could change its physical structure. His water crystal experiments consisted of exposing water in glasses to various words, pictures, or music, then freezing it and examining the ice crystals' aesthetic properties with microscopic photography. He claimed that water exposed to positive speech and thoughts created visually “pleasing” ice crystals, and that negative intentions yielded “ugly” ice formations.” from Wikipedia 14 March 2021

Concepts of Water Programming (Cont.)

Dr. Emoto's ice crystals

- “Emoto held that different water sources produced different ice structures. For example, he held that water from a mountain stream, when frozen, showed structures of beautifully shaped geometric designs; but that water from polluted sources created distorted, randomly formed ice structures. He held that these changes could be eliminated by exposing water to ultraviolet light or certain electromagnetic waves.” from Wikipedia 14 March 2021
- “The Hidden Messages in Water” is a 2005 New York Times Bestseller book, written by Masaru Emoto

Concepts of Water Programming (Cont.)

Raymon Grace Energized Water

- Raymon Grace devised a dowsing technique to create what he calls Energized Water.
- The Energized Water concept is that since we consist of mostly water, if water could be programmed to have good healing energy, and then consumed, it could have an affect on the fluids (water) of the body.
- Mr. Grace also found that when his Energized Water touched other water, the other water would also become energized with the same properties, hence its tremendous healing affects for the body
- After checking his website for his Energized Water DVD, he was sold out. His website was checked mid March 2021.

Energies of the Body

- Our bodies are mostly water
 - Fluids of the Body
 - Blood
 - Spinal Fluid
 - Lymph and Interstitial Fluid
 - In our reality, water is the least dense bodily matter and is the easiest to program. Our teeth and bones, of course, are the most dense, but eventually they can be programmed to. This video will not get into how dense matter is programmed only water or body fluids.

Power of Thought

Thoughts affect water and therefore our bodies, but what does this mean?

- Our thoughts and other's thoughts affect the fluids of our bodies
- Our thoughts affect our bodies via our minds. A thought is formed, which are called "thought forms" or Intentions, and this thought is something that we can act on or take action with. In our physical reality, the thought may be to repair a broken window or drive our car from point A to point B.
- This is the Power of Thought when used with intention

Power of Thought (Cont.)

Our Thoughts affect our Mind and it can then affect our Body

- Meditation is based on the Power of Thought
 - There are various forms of meditation – active and passive
 - Guided meditation is an active meditation where others guide you through the meditation. The guide basically sets the intention for the group to follow
 - ORI has great people who perform guided meditations. Check ORI's website for their next guided meditation. ORI has these meditations at least monthly.
 - Passive meditation is when a person attempts to not think of anything during the meditation. Transcendental Meditation (TM) is a passive meditation.

Power of Thought (Cont.)

Our Thoughts affect our Mind and it can then affect our Body (Cont.)

- Did you ever notice that most of the time you do not actively think about how you drove to work or some other place? Once we learn how to drive, we just get in our cars with the thought of driving to a particular place. During the drive our attention might be on what we are going to do for the day, or something else.
- The idea here is that we do not actively drive, our Unconscious Mind does the driving.

Power of Thought (Cont.)

Our Thoughts affect our Mind and they then affect our Body (Cont.)

- ORI's Fall Conference is called "Power of Thought School" for this reason. ORI's speakers teach how your thoughts affect yourself and the world
- Lynn McTaggart wrote a book and created a global experiment on this concept. The book is titled "The Intention Experiment: Using Your Thoughts to Change Your Life and the World"
- Some thoughts are beneficial to us 🌟 🌟 🌟 Keep these thoughts!
- Some thoughts are NOT beneficial to us 🙅 These are the thoughts to remove or clear. Clearing these thoughts are the subject of this presentation

Energies of the Body

Donna Eden's Radiant Circuits

- Donna Eden teaches many types of energies some she calls Radiant Circuits. One of the types of Radiant Circuits is Belt Flow energies.
- The Belt Flow energies are the energies emitted by the body around the waist
- These should be grounded by tracing them off the waist from one side of the body to the other and down the opposite leg and off the feet.
- These energies are from programs in our bodily fluids
- These energies accumulate in our clothing and especially leather like belts.

Leather Belt Energies

Testing and Clearing Leather, especially leather belts

- To check if a leather belt has accumulated non beneficial energies use a pendulum over the leather
- If the leather has non beneficial energies, the pendulum will spin counter clockwise. It will continue to spin counter clockwise until it has cleaned all of the non beneficial energies from the leather, then it will start spinning clockwise and adding beneficial energies into the belt.
- Watch me demonstrate this easy technique
- This is a basic dowsing technique that can be used to clear any object or body part. The palms of your hands can be used the same way.

Clearing Non-Beneficial Energies

Our body's fluids can be programmed, but can we remove the non-beneficial programs or bad energies? YES!

- Linen, flax not the cotton sheets on your bed, can remove energies from our body.
- You can try this at home using real linen made from flax. When I learned from my guides linen can transform non beneficial energies into good, I bought a piece of linen about 5 feet long that I wrapped around my waist. It worked.
- Buy linen long enough to wrap around your waist and try it out yourself.

Clearing Non-Beneficial Energies (Cont.)

Visualizations

- Simple visualizations of one of the three elements – water, fire or air – can eliminate non beneficial energies based on our intention
 - Water – see yourself in a waterfall with the intention of the bad energies like mud on your body and the water will wash them away.
 - Fire – see yourself in a fireball. It's your thoughts, so it will not burn you, but incinerate the non beneficial energies. Pick any color flame you like, for example the Violet Flame
 - Air – see yourself in the center of a tornado. The tornado will suck off the non beneficial energies
- These visualizations are considered active meditations and are very fast. It is not necessary to perform the meditation for 20 minutes or more

Clearing Non-Beneficial Energies (Cont.)

Visualizations (Cont.)

- These visualizations should only take from two to five minutes
- When do you know that the visualization has finished or how long to keep doing the visualization?
 - Some people notice a shift, the next slide will go into more detail on what an energy shift is
 - Other people who do NOT feel or notice shifts should set an egg timer or other timer for three minutes. At the end of the three minutes notice if your thinking is different or if you had a reduction in pain or stress, or just notice if you feel different

Clearing Non-Beneficial Energies (Cont.)

Energy Shifts

- An energy shift is unique to each of us.
- Some people just have a knowing
- While other people show it as an unconscious body movement.
 - These movements are yawning, clearing throat, sneezing, body undulations, etc.
 - Some people burp during energy shifts. Thankfully, it is not something that happens with all of us
 - Pay attention to your body and your thoughts, you might notice the shifts. The more you practice the visualizations the more you will start noticing

Clearing Non-Beneficial Energies (Cont.)

7 types of Elementals

- Three were mentioned with the visualizations – water, fire, and air
- Another three are based on Quantum Physics principles – Gravity, Magnetism and Light
- The 7th and most powerful are Love Elementals
 - The fabric of the Universe is based on Love Elementals
 - They are what we feel when we hug someone we love
 - They are the basis of what Donna Eden calls Radiant Circuits

Clearing Non-Beneficial Energies (Cont.)

Love Elementals - they are amazing, how can you call on them?

- Use your intention and a specific mudra (finger mode) that is normally shown with meditation. Touch the pad of your thumb to the pad of your index finger of your right hand with your hand at your heart or Heart Chakra. This seems to call the Love Elementals to you. The mudra is not necessary, but it helps
- For the most powerful clearing combine Love Elementals with a Visualization.
 - Hold your mudra with the intention of the Love Elementals cleansing you and visualize, for example, yourself in a waterfall. The Love Elementals will add to the effect of the visualization.

Clearing Non-Beneficial Energies (Cont.)

Love Elementals (Cont.)

- Now watch me demonstrate the mudra

In Summary

Namaste

- Water is programmable and your body is made up of mostly water
- The fluids (water) in your body are easily programmed with thoughts, good and bad, ours and other peoples' thoughts
- Your bodily fluids can be cleared with linen, visualizations, and the Love Elementals
- Try these techniques for yourself and let ORI know if they work for you

Supplemental Information

For more in depth information on the 7 Elementals and the fluids of our bodies, I will be presenting at the East Coast Gathering of Healers

- July 22nd to July 25th, 2021 at Hot Springs, North Carolina
- Event will be at the Laughing Heart Lodge
- I will be presenting my latest ideas on the 7 Elementals and more techniques to identify and clear non beneficial or dirty energies in our bodies and aura

Supplemental Information

Raymon Grace

- Calls himself the Hillbilly Dowser
- Speaks down to earth but in a very intelligent succinct manner. Reminds me of Will Rogers in his simple but powerful speech.
- He has created many DVDs and books explaining how to dowse and what to dowse for
- Yes, I have attended several of his classes and I highly recommend anything he has created
- Website <https://www.raymongrace.us/#/>

Concepts of Water Programming (Cont.)

- Homeopathy
 - One of the oldest known historical uses of water programming conceived in 1796 by the German physician Samuel Hahnemann
 - The intention of the person doing the succussion, using intention, is how the energy of the original substance transferred into the water.
 - The more the water is succussed and diluted with fresh water, the more powerful the homeopaths found the homeopathic remedy became. Does not make sense, but people have been using these ideas and homeopathics for over 200 years
 - At the end of the dilution process no molecules of the original substance remains in the water. This means only the energy of the original substance is left in the water. This energy has the Bodily affect

Supplemental Information

Donna Eden Energy Medicine free information

- I took a two year practitioner training regimen under Donna Eden's mentorship. She has written several books. The original set me on my current healing path is it called "Energy Medicine"
- Donna's organization has what is called the Handout Bank
 - Within the Handout Bank are many articles of learning about Energies and how you can test for energies with kinesiology techniques
 - <https://www.innersource.net/em/resources/free-handout-bank.html>
- Her main website is <https://edenenergymedicine.com/>

Supplemental Information

- Here is an interesting Intention experiment of using cooked rice split into two jars.
 - Intention of Love is placed daily into one jar
 - Intention of Hate is placed daily into the other jar
 - After a period of time the rice is checked for mold
- Be Nice to Your Rice: The Rice Experiment
 - Website shows pictures of the loved rice resisted mold better than the hated rice after 1 week and 2 weeks
 - <https://cranberrycorner.blogspot.com/2013/03/be-nice-to-your-rice-rice-experiment.html>