

**Ozark Research Dowsing & Alternative Health Convention**  
**April 3-6, 2020**  
**Hilton Garden Inn, Fayetteville, Arkansa**

<b>FRIDAY, APRIL 3</b>	
9:00-4:30	Jodi Jenks - The Simple ABC's to Natural Wellness
9:00-4:30	Gladys McCoy & Vernell Boyd - Dowsing School
7:00 p.m.	Healing Circle Meditation & Healing Hands of ORI
<b>SATURDAY, APRIL 4</b>	
8:00 a.m.	Vernell Boyd - Morning Inspiration
9:00 a.m.	Bonnie O'Boyle - The First Aid Kit in Your Hand: Uses For White Light
10:30 a.m.	Linda Eastburn - Learning a New Language Outside of Time
1:30 p.m.	Peggy Hill - Calling On Angels
3:00 p.m.	John Two-Hawks - The Sacred Medicine of Sacrifice
7:00 p.m.	The Crystal Visions Meditation Experience
<b>SUNDAY, APRIL 5</b>	
8:00 a.m.	Vernell Boyd - Morning Inspiration
9:00 a.m.	Andrea Garst - How To Raise Your Vibration
10:30 a.m.	Ken Kappelmeier - Christ Within, Raising Your Kundalini
1:30 p.m.	Dr Marti Shuck - Health Techniques Show & Tell
3:00 p.m.	Cindy Kay Jones - The Power of Soul Colors
7:30 p.m.	Costume Party
<b>MONDAY, APRIL 6</b>	
8:00 a.m.	Vernell Boyd - Morning Inspiration
9:00 a.m.	Dr. Nancy Bodenstein - How Toxic Is Your Body
10:30 a.m.	Norah O'Connor - You and Your Body: Building Strength Stamina Flexibility
1:30 p.m.	Twink Miller & Teresa Wienken - Intro to Integrated Energy Therapy
3:00 p.m.	Adhi TwoOwls - Listening To The Body: Dowsing & Indigenous Techniques

*(Schedule is subject to change without notice)*

## **Keynote:**

### **THE CRYSTAL VISIONS MEDITATION EXPERIENCE**

#### **❖ MELISSA JOHNSON & DODIE HUNTER**

Get comfortable, and allow Melissa and Dodie to take you deep into the cave of creation, where you may experience glimpses of past, future, parallel, and Angelic lives or enjoy peaceful relaxation. While the group is in a relaxed meditative state, both Melissa and Dodie will move around the room sharing Healing Energy. Dodie will share messages from spirit as she receives them.

**Dodi Hunter - Arkansas.** I AM a Healer and I Am a Medium. Both of these gifts bring me, and I hope others, great joy. One of the greatest gifts I have ever received was the day I stepped into Ozark Research Institute. That day changed my life forever. Harold and Gladys McCoy have been my friends, my family, and my mentors. I was blessed and honored to work with Harold before his crossing and even more blessed to work with him in spirit. Through Harold I have developed a focus and intuition that guide me through the healing work. He comes to me often to teach me about Creation and show me new ways of connecting with Spirit. I AM forever grateful.

**Melissa Johnson - Arkansas.** Melissa is a very talented healing facilitator and teacher. Her ability to manifest for herself and others is amazing. She is a regular facilitator at the Ozark Research Institute Healing Circle Meditation. Melissa is an enthusiastic ORI Volunteer and ORI Ambassador who is always available to lend a helping hand and to spread the word about ORI.

#### **❖ DR. NANCY BODENSTEIN**

##### **How Toxic Is Your Body?**

Your body is carrying an environmental and biological toxin burden - more than you may realize. There may be some toxins that are affecting you of which you may not be aware. Let's dowsing and explore some that may be new to you.

**Dr. Nancy Bodenstein - New Hampshire.** Nancy is retired from teaching music and healing at Salem State College, MA. The combination of those topics sparked an interest in the healing aspects of the frequencies of sound and other modalities.

#### **❖ VERNELL BOYD**

##### **Morning Inspiration**

This is a great way to get your day started. Learn to tune in and listen to your inner voice. Starting at 8:00 a.m. Vernell will offer a different inspirational theme each morning.

##### **Also: Basic Dowsing School**

Learn the ancient art of dowsing to tune into your intuition, find water, oil, lost objects, people or pets; communicate with your higher self to answer spiritual and relationship questions as well as health issues. Dowsing tools will be provided. Some Techniques You'll Learn: 1) The use of L-rods, Y-rods & Pendulum. 2) Forming your intent for accurate answers. 3) Clearing non-beneficial energies. 4) Finding water well sites.

**Vernell Boyd - Texas.** Vernell is a licensed massage therapist, hypnotherapist, professional clown and associate minister. She has been dowsing since the early 1990's. She has served on the National Board of Directors for the American Society of Dowsters (ASD) for eight years and has been an active member of the Lone Star Dowsters in Houston, Texas since 1992.

#### **❖ LINDA EASTBURN**

##### **Learning a New Language Outside of Time**

Students will learn to step outside of the perceived illusion of time and see the future. We will do real time exercises showing each how to do this. This is a class with fun demonstrations of time collapsing and reconstructing within our own perception of reality.

**Linda Eastburn - Missouri.** Linda Eastburn is a health intuitive, instructor of intuition, and author of *Riding the Intuitive Wave* and *With Heart*. She is a documentary film maker and founder of International Academy of Intuitive Arts. Susan Lark, MD and Claude Swanson, PhD of Princeton University refer to her as an excellent intuitive.

❖ **ANDREA GARST** [WWW.ANDREAGARST.COM](http://WWW.ANDREAGARST.COM)

### **How To Raise Your Vibration**

Did you know that vibration is a combination of light and sound? In this comprehensive presentation, based largely on the David Hawkins vibration scale, we will discuss the emotions and energies which create your internal landscape, how to change your story, and ultimately, change your vibration. Everything is energy, and from that perspective, I will delve into the subtle world of energetic manipulation and how to make it work for you. Includes introduction to exercises which help you to clear your energetic field, and release those stuck energies which are holding you back from reaching your true potential! Join me for a journey into the rabbit hole of what is vibration, and how to shift into the one you want.

**Andrea Garst - Arkansas.** attended True Insight School of Intuitive Learning, and studied meditation, energy work, and clairvoyant abilities. Here, she learned energetic tools and practices which catapulted her into a space where she was able to thrive and grow, in ways never before imagined. She enjoys a thriving private practice, offering community education via meditation classes, energy readings with clients, and workshops at local spiritual centers. Andrea published her first book in 2011, *Happiness in 10 Days or Less*. ***Andrea will offer private Intuitive Consulting appointments during the convention.***

❖ **FAYE HENRY** [WWW.TSVIBRATIONS.COM](http://WWW.TSVIBRATIONS.COM)

### **Sonic Meditation (Friday night, before Healing Circle Meditation)**

Experience being with the sound of Paiste gongs played by Faye. Relax, rejuvenate, transform... as you heal the physical body and release non-beneficial emotions easily and effortlessly. "Man's music is seen as a means of restoring the soul, as well as confused and discordant bodily afflictions, to the harmonic proportions that it shares with the world soul of the cosmos." - Plato (Timaeus) (429-347 BC)

**Faye Henry - Georgia.** Faye brings a palette full of skills along with her gongs. She believes everyone has within them the capacity to heal themselves. We have all we need to be whole, healthy, balanced, and in harmony with ourselves. Faye has played goings throughout the US, from Long Island, NY to Sedona, AZ Santa Cruz, CA and many points in between

❖ **PEGGY HILL**

### **Calling All Angels** [WWW.BCOMPASSIONATE.COM](http://WWW.BCOMPASSIONATE.COM)

This class will be a self discovery of your angels (spirit helpers) both in the physical realm and spirit realm. Through visualization and practical wisdom, not only will you be able to define your angels but you will learn techniques to call upon them in your times of greatest need. We are all surrounded by angels but may need the type of glasses to see them more clearly. This class will inspire you to become familiar with your many helpers and reach out to those best equipped to intervene on your behalf.

**Peggy Hill - Arkansas.** Margaret (Peggy) Hill is a wife, mom, grandma, friend, sister, bird watcher, food lover, ocean soul, music producer, writer, comedian, activist, football enthusiast and is up for just about anything! Her passion is compassion and she has stood for decades by the mantra Love is a Verb, so her main goal in writing is to inspire her readers into action. Peggy is a freelance writer and author of *The Wind of My Soul*, a book of poetry, art and journaling. She is a motivational speaker and the creator of the Women of Wisdom (W.O.W.) retreats. Peggy is currently working on her personal story *Solely Mine*, which will be available in 2020.

❖ **JODI JENKS** [INFO@THEREMEDYHOUSE.ORG](mailto:INFO@THEREMEDYHOUSE.ORG)

### **The Simple ABC's to Natural Wellness (full-day workshop, Friday)**

Learn the ABC's of Herbal Medicine including when & how to Activate, Build, and Cleanse with herbs, essential oils, and therapies.

**A-** Activating your body for wellness - This class is designed to understand the importance and beneficial ways to activate your body emotionally and mentally; including: meditation, law of attraction, and affirmations. Then physically by activating your elimination channels including your bowels, skin, kidneys and lymphatic system.

**B** - Building your body for wellness by understanding the importance of the basic building blocks of the body known as "Vitamins & Minerals". Discover the "missing link" or missing building block that has been kept from us for generations, cannabinoids. Learn why each building block is important to our health.

**C** - Cleansing your body of the toxic waste built up is vital for optimal health. Not only is it important to know which area of the body needs cleansing, but what are you cleansing out; chemical toxicity, heavy metals, or parasites. There are many different cleansing programs available and herbal support for each area and type of toxin in your body. But most importantly understand why it should be the third step, not the first, in wellness. Your body needs to be strong enough to withstand a cleanse.

**Jodi Jenks, ND. - Arkansas.** Jodi started her journey as a holistic healer over 20 years ago when she began to see her homeopathic doctor where she learned Essential Oil Therapies and she took Reiki training from two Reiki Masters back in the mid 1990's. She expanded her education in natural health at the Naturopathic Institute of Therapies and Education and in 2017 she became a board certified Naturopathic Doctor. ***Jodi will offer private appointments during the Convention.***

❖ **CINDY KAY JONES** [www.CINDYKJONES.NET](http://www.CINDYKJONES.NET)

### **The Power of Soul Colors**

Learn about The Power of Soul Colors and how this is relative to your unique soul's journey. Color can provide insight into the qualities and nature of a person's soul. The colors that are present within a person's auric field show distinct qualities of that person's soul. These distinct qualities originate from universal power and are present within everybody. Each color has a general meaning which is the same in all of us. This is not color that is associated with the Chakra System. These are particular colors that reside in the soul of a individual that represent their passions, trials, strengths, interests, which can deepen or diminish in color and can be sensed even when that soul resides in the Spirit World. Sensing an individual's soul through color is not only becoming aware of the particular color but if that color is in its positive or negative aspect. This is accomplished through accessing one's intuition and understanding that color is present from the moment of a person's birth until the present moment. Becoming aware of your soul's colors can be an empowering experience as you navigate life. Further, as the soul truly never experiences death, color can be used to provide proof of a souls existence and the life experiences that made that individual unique.

**Cindy Kay Jones - Oklahoma.** Cindy Kay Jones is a well trained and accomplished Psychic Medium and Animal Communicator. She has diligently studied with some of the finest Mediums and Animal Communicators of our time and has also received international training at the Arthur Findlay College in the UK. She utilizes her mediumistic and intuitive gifts to help people and pets in the fascinating world of Spirit. She has been interviewed on radio domestically, and internationally, and has had the great honor to present Meditation and Psychic Workshops in Shanghai, China. Cindy has also been selected to present her workshop "The Alchemy of Acutonics: Vibrational Wellness for our Animal Friends" at the renowned Spiritualist Community Lily Dale, in Lily Dale, NY. Cindy constantly strives to push the boundaries of her work with Spirit, wanting each communication to be meaningful and prove that beyond this physical work awaits the eternal world of Spirit. ***Cindy Kay will offer private sessions during the Convention.***

❖ **KENNETH KAPPELMEIER**

### **Christ Within, Raising Your Kundalini**

We will examine the natural actions of the body and how meditation and raising your Kundalini has cleansing affect on the body. Learn and practice exercises to clear your Chakras to prepare them for activation and raising your Kundalini and heating up the oils the body secretes down the spinal column.

**Kenneth Kappelmeier - Arkansas.** Ken was born in Brooklyn, N.Y. From his Mother he is Ani-Yun-Wiya (Cherokee) of the Ani-Sahone (Feline/Wildcat Clan), his Father is Onondaga. Knowledgeable in various skilled crafts, Iron working being his favorite, skywalking buildings above 20 stories. Following his Path, Ken moved from Akwesasne Mohawk Reservation, which, straddles New York, Ontario and Quebec, to the Ozarks and O.R.I. An astrologer and Reiki Master, he has studied other esoteric sciences in his quest for Knowledge of Self.

❖ **GLADYS MCCOY** [www.OzarkResearch.org](http://www.OzarkResearch.org)

### **Basic Dowsing School**

Learn the ancient art of dowsing to tune into your intuition, find water, oil, lost objects, people or pets; communicate with your higher self to answer spiritual and relationship questions as well as health issues. Dowsing tools will be provided.

Some Techniques You'll Learn: 1) The use of L-rods, Y-rods & Pendulum. 2) Forming your intent for accurate answers. 3) Clearing non-beneficial energies. 4) Finding water well sites.

**Gladys McCoy - Arkansas.** Gladys McCoy - Arkansas. Co-founder of Ozark Research Institute, Treasurer and Event Coordinator. She is the Director of the Tuesday night Healing Meditation and First Sunday meetings at O.R.I. Gladys is a Certified Hypnotherapist, Past Life Therapist and Dowser who works with non-beneficial energies (which can be geopathic, electromagnetic, spiritual and even disease) She clears houses, people, property and businesses. She also does remote dowsing to help people with life decisions and change. She is a Healing Touch facilitator and creator of "Unconditional Love Therapy" a powerful technique that aids in healing physical, mental, emotional and spiritual issues. Gladys is available for workshops and lectures across the U.S.

❖ **TWINK MILLER & TERESA WIENKEN**

### **Entering the Divine Space with Integrated Energy Therapy**

Integrated Energy Therapy® is known as Healing with the Energy of Angels. You will learn to access the energy of angels through a simple yet powerful process that we call a Heartlink. Working with nine Healing Angels in clearing unresolved stuck energies in the body, on an emotional, mental, spiritual and physical levels. Identify areas of known and unknown issues, still being held in the tissues of the body. Learn how to send love up to the angelic realm or that specific angel and you will find that the love returned is multiplied from the angels to further assist you in the healing of yourself or others. You will learn about the nine cellular memory areas where we can unconsciously store issues in our tissues that can negatively affect our life. More importantly, you will learn simple yet powerful techniques to get the issues out of your tissues. After energy blocks are cleared, you will learn to channel angelic energy to form an empowerment imprint that fills the cellular memory with the opposite of what you cleared. Additional techniques will be introduced as time permits.

**Teresa Wienken R.N./Reiki Master - Ohio.** Bridging to Balance Blending knowledge together to assist people in stress relieving techniques. Experience working long term care, Neuro ICU, Hospice, school and parish nurse, Director of Nursing, Clinical Manager of Geri -psyche and EMS. Usui and Karuna Reiki Master, Integrated Energy Therapy Master -Instructor, Solfeggio Tuning Forks, EFT, Polarity, Elemental reflexology and Oneness Blessing Giver. **Twilla "Twink" Miller - Ohio.** Retired R.N. of 40 years, I.E.T. Master Instructor, Reiki Instructor, Dolores Canon QHHT Advanced Practitioner and other modalities. Having studied metaphysics for 50 years, she has accumulated knowledge, fused it into a repertoire, and draw upon what's needed for client healing. All of the classes have techniques for helping you, to help yourself, to be the best you can be, despite challenges. Her I.E.T. Speciality is "Solar Plexus Clearing". Clearing "Issues in the Tissues". Clearing out the solar plexus chakra of the info that we filter. We have a choice, Keep "our lessons" or our challenges/stuff, transmute part of the lesson/challenges, or release it all and go on to the next one. The Angels of Healing, the Masters of the Universe and her guides are invaluable in working with this process.

***Teresa & Twink will offer private appointments during the convention.***

## ❖ BONNIE O'BOYLE

### **The First Aid Kit in Your Hand: Practical Uses For White Light**

How many ways can you heal yourself? It's like getting to the center of a tootsie roll tootsie pop. The world may never know. Bonnie has been practicing Reiki for 16 years and the Reiki energy has taught her many different ways to utilize it. Treatments include sinus, DNA restructuring, animal healing, clearing trauma and old patterns, migraine relief, insect bite relief, rashes, head/tummy ache relief, sleeping better, emotional healing, joint pain, spinal adjustment, chakra clearing and balancing, and many more. You will learn a lot and have plenty of experiential practice with the techniques taught.

Some of the Skills students will practice in class:

- 1) White Light ball game
- 2) God Sparkle
- 3) Etheric Daith Piercing sinus relief
- 4) White Light Brace
- 5) Stem Cell Injection (a la Gladys McCoy)

**Bonnie O'Boyle - Arkansas.** Bonnie is a vibrant and loving speaker whose specialty is helping people in their journey towards loving themselves and living in joy. Her primary life mission is to be an integral part in helping the Shift in consciousness of humanity by raising the vibration of everyone she interacts with. She has a knack for getting out of the way so Spirit can flow through her. She freely shares this flow with everyone in her presence. Bonnie is a Holistic Counselor and has spent twenty-six years helping people with disabilities, and learning from their intrinsic wisdom. Bonnie is also a Reiki Master, happiness coach, dream interpretation guide, inspirational singer/song writer, and author of the fiction adventure "In the Beginning" and the children's book, "The Dream Keeper." She has a five-song introductory CD, too. Individually and with groups, Bonnie helps bring participants into their heart space for a deeper experience with playfulness and humor. She has been a speaker at the University of Arkansas, New Thought churches, and spiritual and professional conferences. She wants to share this fun experience with you, too! **Bonnie will offer private appointments during the convention.**

## ❖ NORAH O'CONNOR

### **You and Your Body**

Your relationship to your body is one of the main foundational pillars of the Ascension Spiral. As light workers we have a tendency to forget our bodies and focus mainly on our spiritual development and service. This puts us out of balance. Come learn simple chair Yoga postures that can be done easily by people of all ages. These postures will help build strength, stamina, and flexibility to last a lifetime.

**Norah O'Connor.** Norah has studied metaphysics for 45 years and has taught yoga, meditation, and psychic development groups.

## ❖ DR. MARTI SHUCK

### **Health Techniques Show and Tell**

During Marti's time with you, she will be "showing and telling" you various ways to be pro-active by demonstrating different areas on the body to aid you in getting relief from those little "aches and pains". This class will use "simple explanations" and will show "easy release techniques" along with answers to questions during the presentation.

**Marti Shuck, ND, CR, CMT, CRA, IAA-Indiana.** Marti's vast education and many years of treating patients/clients have made her a well-known practitioner, and not just in Indianapolis. People travel from surrounding states to see her. She

opened her first business in 1986 after a severe circulatory health issue, which left her unable to walk on her own. She received her gift of knowledge and was able to assist in her own healing and then helped her to discover Alternative Health Techniques. She now shares this knowledge of how the human body works with its systems, and shows alternative ways to encourage the body to heal itself the way it was originally designed. Marti's Alternative Health Techniques includes Reflexology, Muscle Testing, Clinical Nutrition, and Intuitive Touch and Dowsing for answers. ***Marti will offer private appointments during the convention.***

#### ❖ JOHN TWO-HAWKS

##### **The Sacred Medicine of Sacrifice**

In the indigenous spiritual perspective, it is understood that you are not really giving unless it hurts a little. Explore the life changing power of what it means to make a sacrifice for the betterment of others, and how the discomfort you impose upon yourself for the greater good enriches your life with purpose, meaning and fulfillment.

**John Two-Hawks - Arkansas.** Grammy® and Emmy nominated Recording Artist, Speaker, Author and Activist John Two-Hawks has spent his life looking quietly into the deep ways of Spirit, wisdom, healing and connection. With his words and music, he has reached into a hurting world, sharing the healing power of love, compassion and humility. As a fully healed survivor of the trauma of severe child abuse, John Two-Hawks has overcome great odds to arrive where he is today. And he has become highly sought after as a speaker who teaches Global, Indigenous, earth-based approaches to physical, emotional and spiritual health and wellness, and achieving a balanced life of purpose and passion.

#### ❖ DR. ADHI TWO OWLS [www.THENEWGLOBALSHAMAN.COM](http://www.THENEWGLOBALSHAMAN.COM)

##### **Listening To The Body: Dowsing and Indigenous Techniques**

The human body processes billions of signals and bits of information all the time. It is this network of impulses and energy that can be used to facilitate wellness and diagnose Dis-ease. In this workshop participants will learn dowsing and indigenous healing techniques to explore what the systems and organs of the body are doing and assess what can be done to improve them. Wellness starts in how the body moves energy within it. This has a physical, spiritual/energy and emotional levels. The indigenous peoples understood this and developed many ways to read and scan the body. The goal of this workshop is you give participants another set of tools to help navigate wellness. Bring a pendulum to this workshop.

**Dr. Adhi Moonien Two Owls - Connecticut.** A trained Artist, Shaman and Healer, who is always seeking to explore ideas and sees the creative process as the means for propagating new ideas, evolving old ideas and developing healthy cognitive, emotional and brain function. Adhi received your Doctorate in Philosophy & Therapeutic Counseling From the Open University of Alternative Healing Sri Lanka in 2013 through their affiliate campus in Montreal Canada. For her research into the effectiveness of traditional Indigenous healing on mental and physical health. Dr. Adhi has spent the last 30 years studying the design, function and uses of Sacred objects as they are found all over the world. She uses these ancient sciences and designs to develop contemporary objects that meet the needs of today's community and energy challenges. Dr. Adhi offers private healing sessions, mentorships, Ceremonial designs, and teaches all over the world. ***Adhi will offer private appointments during the convention.***