

Multi-Dimensional Aura Upgrades: 7 Portals of Expanded Consciousness with Zabe Barnes

Intention Setting: Deepening Questions

- What old way of being would you most like to let go of? _____
- What new way of being would you like to become? _____
- What aspects of being would you like to rebalance? _____

List big things that you have healed in yourself this lifetime:

- Physical Healing: _____
- Emotional Healing: _____
- Mental Healing: _____
- Spiritual Healing: _____

List the healing modalities and spiritual consciousness-raising methods and modalities you have learned this lifetime. You can also include past-life teachings that you may remember.

Now in tiny numbers above each modality, write a percentage that indicates how much you have integrated this energy in your life—you can dowse for this if you like.

Give yourself a hug and thank yourself for your service.

You carry this healing for others. You carry this healing for the world.

MULTIPLE GARDENS OF EDEN

The Colombian Brujas teach that there are hundreds of Gardens of Eden in parallel universes that are waiting to come home to us here and now. Each Garden springs us into new depths of Being, thus sparking new talents and abilities. Through the Gardens we eventually connect with our Parallel Universe selves in more conscious ways—because there is more to us than we can even begin to imagine!

Portals are available within our immediate reach through which we can begin to access these Gardens. We can draw energies from the Gardens into this life to improve, enhance, and expand our presence and experiences here on earth. We expand our dimensions of being through our interactions with the Gardens. We are thus able to impact the world more than ever before.

7 Portals for Expanding Consciousness:

Divine order—right eye

Humility—right nostril

Creation—right ear

Clear Expression—mouth

Deep Stable Love—left ear

Thoughtful community action (god form/community)—left nostril

Multidimensional Awareness—left eye

Note: *I specialize in powerful multi-dimensional energy activations and attunements. It has taken many years of in-depth training to make them look so easy. If you would like to learn how to give these activations and attunements to your students and clients, please reach out to me and we'll set up a special training for you.*

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GLOSSARY OF TERMS

Portals: Energetic openings that connect us to new places, people, solutions, and information that moves us to new levels of being and doing.

Dimensions: Places and spaces where “normal” physical plane laws cease to exist. So-called Miracles can occur when we tap into higher dimensions. Not all dimensions are beneficial...

The Multiverse: Multiple universes, each consisting of its own unique set of dimensions, different from those of this universe. Proceed with caution. It helps to have a map!

Energetic Emanations: Energies we share with others through focused intention. Energy Emanations flow from the aura of the healer to the aura of the healee. In this workshop you will learn to emanate new energies I teach you.

Caught Teachings: Energetic light codes that are passed on from a teacher and caught in the aura of the student. These are generally new light codes that you did not have before. They are given through the following methods:

- Transmissions
- Activations
- Attunements
- Initiations
- Energy Downloads

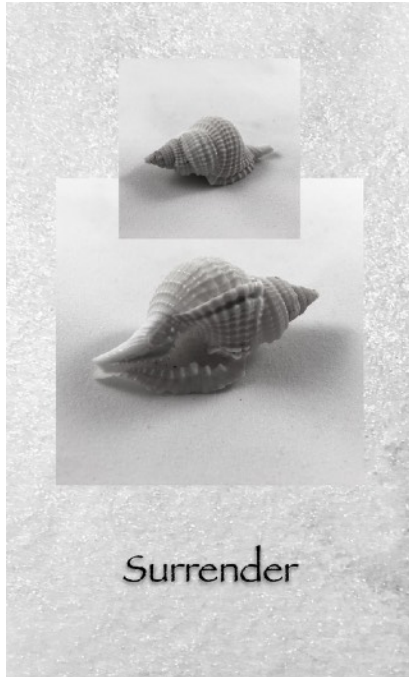
Curendero/Curandera: A type of Mexican and South American Shaman; one who “cares for” the energies.

Bruja: A type of witch or sorceress, also a type of shaman in the general sense.

Mobius Strip: A one-sided sacred geometry shape that is depicted by the infinity symbol. Mayan Curanderos consciously use this sacred geometry to deepen and perpetuate an energy once it is well established.



Seashell Power to Spiral Up, Spiral Wide, and Spiral Deep



Atlantic Distorsio Shell



Melongena Shell



Phalium Glaucum Shell

Becoming the Pendulum: The pendulum is a tool. Its power comes from God/Source energy flowing through you. The secret to accessing the full depth of this power is to surrender to it.

Finger Energies and Motions: Dominant is Giving, Non-Dominant is Receiving

Thumb: Power

Index: Light

Middle: Soul

Ring: Love

Pinky: Grace

Clockwise Spiral: Adds energy.

Counterclockwise Spiral: Clears energy.

Mobius: Balances and perpetuates energy.